



Georgian
Cystic Fibrosis
Association

Twinning project


შპს სამედიცინო
გენეტიკის და
ლაბორატორიული
დიაგნოსტიკის ცენტრი



Ltd. Medical
Genetics and
Laboratory
Diagnostic Center

**SOUTH
EASTERN
EUROPEAN**

**CF
CONFERENCE**

- 13th edition -

TIBILISI - GEORGIA

05-07 | MARCH | 2026

Agenda

5 March 2026

Day 1

Date: **05.03.2026**
 Time: **10:00 am to 18.00 pm**
 Location: **Holiday Inn Hotel
 TBILISI, Georgia**

10:00–18:00

WORKSHOP 1: Keys to a multidisciplinary CF therapy

For invited CF Teams members - Venue TBD:

Lecturers: Lutz Naehrlich, Anna-Maria Dittrich, Silke van Koningsbruggen-Rietschel, Susanne Nährig, Chris Smith, Kirsten Munkel, Halyna Makukh, Tanya Okul, Katarina Stepankova

Time 10:00– 11:30	Description	Speakers
10:00-10:10	Welcome and introductions	Lutz NAEHRLICH, ECFSPR Katarina STEPANKOVA, CFE Twinning project Anna-Maria DITTRICH, Hannover, Germany Tanya OKUL, Zaporizhzhya, Ukraine
10:00-10:25	From barriers to solutions: Ukraine's approach to efficient CF diagnostic pathways	Halyna Makukh
10:25-10:40	The path to creating a Center in Zaporizhzhya	Tanya Okul
10:40-11:00	The clinical visit – what should we cover, how often should we see patients, what diagnostics should be included? Out-patients and in-patient care.	Lutz Naehrlich
11:00-11:30	Diagnosis of infection and antibiotic strategies (eradication, chronic infection to exacerbations)	Anna-Maria Dittrich Tanya Okul
11:30-11:40	Discussion / Q&A	
11:40–12:00	Coffee Break	

10:00–18:00

WORKSHOP 1: Keys to a multidisciplinary CF therapy - Part II

For invited CF Teams members - Venue TBD:

Lectors: Lutz Naehrlich, Anna-Maria Dittrich, Silke van Koningsbruggen-Rietschel, Susanne Nährig, Chris Smith, Kirsten Münkel, Halyna Makukh, Tanya Okul, Katarina Stepankova

Time 12:00– 14:00	Description	Speakers
12:00–12:45	Mucolytic inhalation therapy for CF	Silke van Koningsbruggen-Rietschel Tanya Okul
12:45–13:30	Physiotherapy, Inhalation devices, technique, cleaning and on general physiotherapy techniques	Kirsten Münkel Anna-Maria Dittrich
13:30–14:00	Discussion / Q&A	

14:00–15:00	Lunch	
15:00–15:45	Nutrition - monitoring growth, dosage and adaptation of pancreatic enzymes (practical aspects), vitamin supplementation	Chris Smith
15:45–16:15	Treatment of gastrointestinal manifestations of CF, pancreatic insufficiency, GI complications in CF, pre and post modulators	Susanne Nährig
16:15–16:45	CF Related Diabetes Mellitus	Susanne Nährig
16:45–17:30	Acute emergencies in CF (Salt loss, DIOS, Haemoptysis, Pneumothorax)	Lutz Naehrlich
17:30–18:00	Discussion / Q&A	Lutz Naehrlich, Anna-Maria Dittrich, Silke van Koningsbruggen-Rietschel, Susanne Nährig, Chris Smith, Halyna Makukh, Tanya Okul, Katarina Stepankova

12:00-14:30**WORKSHOP 2: TWINNING PROJECT****Meeting of Patient Organisation representatives - Venue TBD:***Lectors: Pavel Drevinek, Hilde de Keyser, Claire Francis, Andreas Hager, Katarina Stepankova***15:00-18:00****WORKSHOP 3: Chest physiotherapy: Airway Clearance Techniques****Venue TBD:***Lectors: Kirsten Munkel, Tiko Qurnadze, Stephan Kruip*

Time 15:00- 18:00	Description	Speakers
15:00-15:30	Demonstration of devices lecture	Kirsten Munkel - Hannover, GERMANY
15:30-16:00	Demonstration of techniques lecture	Kirsten Munkel - Hannover, GERMANY
16:00-16:20	Airway Clearance by jogging and other positive experiences of an 'old' patient	Stephan Kruip - PO, GERMANY
16:20-17:40	Demonstration of techniques, hands-on	Kirsten Munkel - Hannover, GERMANY Tiko Qurnadze - Tbilisi, GEORGIA
17:40-18:00	Discussion / Q&A	

Agenda

06 March 2026

Day 2

Date: 06 March 2026

Time: 10.00 am to 18.00 pm

Location: Holiday Inn Hotel
TBILISI, Georgia

10:00 – 10:30 CONFERENCE OPENING - Welcome and introductions

Hilde de KEYSER, CFE

Pavel DREVINEK, ECFS

Ministry of HEALTH, Georgia

Dodo AGLADZE, Georgia

Lali MARGVELASHVILI, Georgia

Nino and Mariami TEDIASHVILI, Georgia

Varduhi GRIGORYAN, MoH, Armenia

Twinning project, part 1 - introduction

Chairs: Pavel Dřevínek, Hilde de Keyser, Chris Smith

Time 10:30- 11:20	Description	Speakers
10:30-10:40	TWINNING project and involvement of CF Centres	Pavel Dřevínek - ECFS
10:40-10:50	TWINNING project and involvement of patient organisations	Hilde de Keyser - CEO CF Europe
10:50-11:00	How to become an impactful patient organization	Stephan Kruip - PO Germany
11:00-11:10	Learning package: Education learning platform of ECFS	Chris Smith - Brighton, UK
11:10-11:20	Discussion / Q&A	
11:20-11:30	Coffee Break	

Twinning project, part 2- Twinning project in reality – testimonials

Chairs: Pavel Dřevínek, Hilde de Keyser, Claire Francis

Time 11:30- 12:30	Description	Speakers
11:30-11:40	Tbilisi, GEORGIA + Hannover, GERMANY	Dodo Agladze + Anna-Maria Dittrich
11:40-11:50	PO GEORGIA + PO GERMANY	Nino and Mariami Tediashvili + Stephan Kruip
11:50-12:00	Yerevan-Muratsan , ARMENIA + Munich GERMANY	Satenik Harutyunyan + Susanne Nährig
12:00-12:10	Yerevan-Arabkir, ARMENIA + Zurich SWITZERLAND	Astghik Baghdasaryan + Alexander Möller
12:10-12:20	PO ARMENIA + PO SWITZERLAND	Hermine Harutyunyan + Christina Eberle
12:20-12:30	Discussion / Q&A	

12:30-13:20 **Lunch**



Therapy of CF

Chairs: Anna-Maria Dittrich, Pavel Dřevínek, Alexander Möller, Dodo Agladze

Time 13:20- 16:00	Description	Speakers
13:20-13:40	CFTR-Modulators as new therapeutic approaches in CF	Silke van Koningsbruggen-Rietschel - Cologne, GERMANY
13:40-14:10	The changing landscape of CF - pre- vs. post-modulator therapy	Anna-Maria Dittrich - Hannover, GERMANY
14:10-14:30	Basics of inhalation therapy	Alexander Möller - Zurich, SWITZERLAND
14:30-14:50	Surveillance of lung infections when sputum is no longer available	Pavel Dřevínek - Prague, CZECH REPUBLIC
14:50-15:10	The experience of the Eliava Phage Therapy Center in the management of cystic fibrosis patients	Dea Nizharadze, Mariam Dadiani Tbilisi, GEORGIA
15:10-15:30	Chest physiotherapy as an important part of CF lung disease treatment	Kirsten Münkel - Hannover, GERMANY
15:30-15:40	Overcoming CF with curiosity, determination, and lifelong learning	Stephan Kruip - PO GERMANY
15:40-16:00	Discussion / Q&A	
16:00-16:20	Coffee Break	

Multidisciplinary CF team

Chairs: Anna-Maria Dittrich, Susanne Nährig, Satenik Harutyunyan

Time 16:20- 18:00	Description	Speakers
16:20-16:50	Role of the physician and management of the MDT	Anna-Maria Dittrich - Hannover, GERMANY
16:50-17:00	Role of the nurse in CF team - ONLINE	Melanie Graff - Worms, GERMANY Melanie Koeller - Amrum, GERMANY
17:00-17:10	Role of the physiotherapist in CF team	Kirsten Munkel - Hannover, GERMANY
17:10-17:20	Role of the nutritionist in CF team	Chris Smith - Brighton, UK
17:20-17:30	Role of the psychologist in CF team	Victoria Campbell - Hannover, GERMANY
17:30-17:50	Specifics of adult CF care	Susanne Nährig - Munich, GERMANY
17:50-18:00	Discussion / Q&A	

19:00 GALA DINNER

Agenda

07 March 2026

Day 3

Date: **07 March 2026**
 Time: **09:30 pm to 16:30 pm**
 Location: **Holiday Inn Hotel
TBILISI, Georgia**

Standards of Care

Chairs: Lutz Naehrlich, Silke van Koningsbruggen-Rietschel, Halyna Makukh, Katarina Stepankova

Time 09:30- 10:30	Description	Speakers
09:30-09:45	European Standards of Care – why is centralised care important?	Silke van Koningsbruggen -Rietschel Cologne, GERMANY
09:45-10:00	Importance of ECFSPR – focus on the Caucasus and central Asian region	Lutz Naehrlich - ECFSPR, GERMANY
10:00-10:15	Building an Adult CF Center: Key Steps for Success	Elena Amelina - Astana, KAZAKHSTAN
10:15-10:30	Discussion / Q&A	

Country report's about CF care:

Chairs: Lutz Naehrlich, Silke van Koningsbruggen-Rietschel, Katarina Stepankova

Time 10:30- 12:00	Description	Speakers
10:30-10:40	ARMENIA	Satenik Harutyunyan, ped., adult YEREVAN, Muratsan Astghik Baghdasaryan, ped. YEREVAN, Arabkir
10:40-10:50	AZERBAIJAN	Erkin Ragimov, ped - BAKU
10:50-11:00	GEORGIA	Dodo Agladze, ped - TBILISI Lika Sigua, adult - TBILISI
11:00-11:15	KAZAKHSTAN	Elena Amelina, adult - ASTANA Tatjana V. Marshalkina, ped - ALMATY Irena Mukotova, adult - ASTANA

Time 10:30- 12:00	Description	Speakers
11:15-11:25	KYRGYZSTAN	Taalant Sooronbaev, adult - BISHKEK Aigerim Tilebalieva, ped - BISHKEK
11:25-11:35	MOLDOVA	Svetlana Sciuca, ped - CHISINAU Cristina Tomacinschii, ped - CHISINAU
11:35-11:45	UZBEKISTAN	Svetlana Geller, ped - TASHKENT Furkat M. Shamsiev, ped - TASHKENT
11:45-12:00	Coffee Break	

Diagnostics of CF

Chairs: Lutz Naehrlich, Milan Macek, Alexander Möller, Astghik Baghdasaryan

Time 12:00- 13:40	Description	Speakers
12:00-12:20	The sweat test as an essential part of CF newborn screening and diagnostics	Lutz Naehrlich - ECFSPR, GERMANY
12:20-12:30	The sweat testing in resource-limited settings	Halyna Makukh - Lviv, UKRAINE
12:30-12:40	Early diagnosis of CF is a way to improve the prognosis of the disease Indications for sweat test	Astghik Baghdasaryan - Yerevan, ARMENIA
12:40-13:10	Genetics and CF – importance of genotypingisation for modern therapies	Milan Macek - Prague, CZECH REPUBLIC
13:10-13:20	Newborn Screening and Prevalence of ABPA, Celiac Disease and CFRD	Nino Vardosanidze - Tbilisi, GEORGIA
13:20-13:40	Discussion / Q&A	

13:40-14:30

Lunch

Nutrition and psychology in CF

Chairs: Chris Smith, Susanne Nährig, Satenik Harutyunyan

Time 14:30- 16:30	Description	Speakers
14:30-14:50	Treatment of gastrointestinal manifestations of CF, pancreatic insufficiency, GI complications in CF, pre and post modulators	Susanne Nährig - Munich, GERMANY
14:50-15:00	CF related Diabetes Melitus	Susanne Nährig - Munich, GERMANY
15:00-15:20	Nutrition of children and adults with CF - „Guidelines“	Chris Smith - Brighton, UK
15:20-15:40	Mental Health in CF: Notice, Navigate, Nurture	Victoria Campbell - Hannover, GERMANY
15:40-16:00	National Monitoring Program for Rare Diseases Georgia	Lali Margvelashvili - Tbilisi, GEORGIA
16:00-16:20	Discussion / Q&A	

16:20-16:30 CONFERENCE CLOSING

Hilde De KEYSER, CF EUROPE
Dodo Agladzel, Tbilisi, GEORGIA
Nino TEDIASHVILLI, Tbilisi, GEORGIA

THANK YOU!

NOTES:



EXPLORE

The Twinning Expansion Project

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The Twinning
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CF Foundation



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