



Twinning project



Georgian Cystic Fibrosis Association

შპს სამედიცინო გენეტიკის და ლაბორატორიული დიაგნოსტიკის ცენტრი

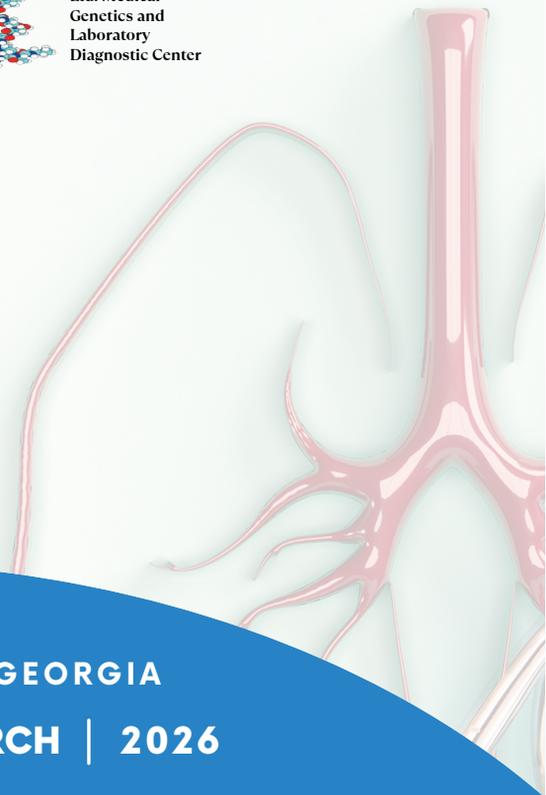


Ltd. Medical Genetics and Laboratory Diagnostic Center

**SOUTH EASTERN EUROPEAN**

**CF CONFERENCE**

- 13th edition -



**TBILISI - GEORGIA**

**05-07 | MARCH | 2026**

**SUPPORTED BY:**



\*Vertex is sponsoring SEEC 2026 on 5 March and 7 March 2026.

# Agenda

## 5 March 2026

### Day 1

Date: **05.03.2026**  
 Time: **10:00 am to 18.00 pm**  
 Location: **Holiday Inn Hotel**  
**TBILISI, Georgia**

**10:00-18:00**

**WORKSHOP 1: Keys to a multidisciplinary CF therapy**  
**For invited CF Teams members**

**Venue: Adjara Hall**

*Lectors: Lutz Naehrlich, Anna-Maria Dittrich, Silke van Koningsbruggen-Rietschel, Susanne Naehrig, Chris Smith, Kirsten Munkel, Halyna Makukh, Tetyana Okul, Katarina Stepankova*

Time	Description	Speakers
10:00-11:30		
10:00-10:10	Welcome and introductions	Lutz Naehrlich - ECFSPR, GERMANY Katarina Stepankova - CFE Twinning Project Anna-Maria Dittrich - Hannover, GERMANY Tetyana Okul - Zaporizhyya, UKRAINE
10:10-10:25	From barriers to solutions: Ukraine's approach to efficient CF diagnostic pathways	Halyna Makukh - Lviv, UKRAINE
10:25-10:40	The path to creating a Center in Zaporizhyya	Tetyana Okul - Zaporizhyya, UKRAINE
10:40-11:00	The clinical visit - what should we cover, how often should we see patients, what diagnostics should be included? Out-patients and in-patient care.	Lutz Naehrlich - ECFSPR, GERMANY
11:00-11:30	Diagnosis of infection and antibiotic strategies (eradication, chronic infection to exacerbations)	Anna-Maria Dittrich - Hannover, GERMANY Tetyana Okul - Zaporizhyya, UKRAINE
11:30-11:40	Discussion / Q&A	
11:40-12:00	Coffee Break	

**10:00-18:00****WORKSHOP 1: Keys to a multidisciplinary CF therapy - Part II****For invited CF Teams members****Venue: Adjara Hall**

*Lectors: Lutz Naehrlich, Anna-Maria Dittrich, Silke van Koningsbruggen-Rietschel, Susanne Naehrig, Chris Smith, Kirsten Munkel, Halyna Makukh, Tetyana Okul, Katarina Stepankova*

Time	Description	Speakers
12:00-14:00		
12:00-12:45	<b>Mucolytic inhalation therapy for CF</b>	<b>Silke van Koningsbruggen-Rietschel</b> - Cologne, GERMANY <b>Tetyana Okul</b> - Zaporyzhya, Ukraine
12:45-13:30	<b>Physiotherapy, Inhalation devices, technique, cleaning and on general physiotherapy techniques</b>	<b>Kirsten Munkel</b> - Hannover, GERMANY <b>Anna-Maria Dittrich</b> - Hannover, GERMANY
13:30-14:00	<b>Discussion / Q&amp;A</b>	
<b>14:00-15:00 Lunch</b>		
15:00-15:45	<b>Nutrition - monitoring growth, dosage and adaptation of pancreatic enzymes (practical aspects), vitamin supplementation</b>	<b>Chris Smith</b> - Brighton, UK
15:45-16:15	<b>Treatment of gastrointestinal manifestations of CF, pancreatic insufficiency, GI complications in CF, pre and post modulators</b>	<b>Susanne Naehrig</b> - Munich, GERMANY
16:15-16:45	<b>CF Related Diabetes Mellitus</b>	<b>Susanne Naehrig</b> - Munich, GERMANY
16:45-17:30	<b>Acute emergencies in CF (Salt loss, DIOS, Haemoptysis, Pneumothorax)</b>	<b>Lutz Naehrlich</b> - ECFSPR, GERMANY
17:30-18:00	<b>Discussion / Q&amp;A</b>	<b>Lutz Naehrlich</b> - ECFSPR, GERMANY <b>Anna-Maria Dittrich</b> - Hannover, GERMANY <b>Silke van Koningsbruggen-Rietschel</b> - Cologne, GERMANY <b>Susanne Naehrig</b> - Munich, GERMANY <b>Chris Smith</b> - Brighton, UK <b>Halyna Makukh</b> - Lviv, UKRAINE <b>Tetyana Okul</b> - Zaporyzhya, Ukraine <b>Katarina Stepankova</b> - CFE Twinning Project

**12:00-14:30**

**WORKSHOP 2: TWINNING PROJECT**

Meeting of Patient Organisation representatives

Venue: **White Room**

Lectors: *Pavel Dřevínek, Hilde de Keyser, Claire Francis, Andreas Hager, Katarina Stepankova*

**15:00-18:00**

**WORKSHOP 3: Chest physiotherapy: Airway Clearance Techniques**

Venue: **White Room**

Lectors: *Kirsten Múnkel, Tinatin Kurdadze, Stephan Kruij*

Time	Description	Speakers
15:00-18:00		
15:00-15:30	Demonstration of devices lecture	Kirsten Múnkel - Hannover, GERMANY
15:30-16:00	Demonstration of techniques lecture	Kirsten Múnkel - Hannover, GERMANY
16:00-16:20	Airway Clearance by jogging and other positive experiences of an 'old' patient	Stephan Kruij - PO, GERMANY
16:20-17:40	Demonstration of techniques, hands-on	Kirsten Múnkel - Hannover, GERMANY Tinatin Kurdadze - Tbilisi, GEORGIA
17:40-18:00	Discussion / Q&A	

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# Agenda

## 06 March 2026

### Day 2

Date: **06 March 2026**  
 Time: **10.00 am to 18.00 pm**  
 Location: **Holiday Inn Hotel  
 TBILISI, Georgia**

**10:00 - 10:30**      **CONFERENCE OPENING** - Welcome and introductions

Hilde de KEYSER, CFE  
 Pavel DREVINEK, ECFS  
 Ministry of Health, Georgia  
 Dodo AGLADZE, Georgia  
 Lali MARGVELASHVILI, Georgia  
 Nino and Mariami TEDIASHVILI, Georgia  
 Ministry of Health, Armenia

### Twinning project, part 1 - introduction

Venue: **Adjara Hall**

*Chairs: Pavel Dřevínek, Hilde de Keyser, Chris Smith*

Time	Description	Speakers
10:30-11:20		
10:30-10:40	<b>TWINNING project and involvement of CF Centres</b>	<b>Pavel Dřevínek - ECFS</b>
10:40-10:50	<b>TWINNING project and involvement of patient organisations</b>	<b>Hilde de Keyser - CEO CF Europe</b>
10:50-11:00	<b>How to become an impactful patient organization</b>	<b>Stephan Kruip - PO, GERMANY</b>
11:00-11:10	<b>Learning package: Education learning platform of ECFS</b>	<b>Chris Smith - Brighton, UK</b>
11:10-11:20	<b>Discussion / Q&amp;A</b>	
11:20-11:30	<b>Coffee Break</b>	

## Twinning project, part 2- Twinning project in reality – testimonials

Venue: **Adjara Hall**

Chairs: *Pavel Dřevínek, Hilde de Keyser, Claire Francis*

Time	Description	Speakers
11:30-12:30		
11:30-11:40	<b>Tbilisi, GEORGIA + Hannover, GERMANY</b>	Dodo Agladze + Anna-Maria Dittrich
11:40-11:50	<b>PO GEORGIA + PO GERMANY</b>	Nino and Mariami Tediashvili + Stephan Krup
11:50-12:00	<b>Yerevan-Muratsan , ARMENIA + Munich GERMANY</b>	Satenik Harutyunyan + Susanne Naehrig
12:00-12:10	<b>Yerevan-Arabkir, ARMENIA + Zurich SWITZERLAND</b>	Astghik Baghdasaryan + Alexander Möller
12:10-12:20	<b>PO ARMENIA + PO SWITZERLAND</b>	Hermine Harutyunyan + Christina Eberle
12:20-12:30	<b>Discussion / Q&amp;A</b>	
12:30-13:20	<b>Lunch</b>	



## TWINNING EXPANSION PROJECT



MENTORS



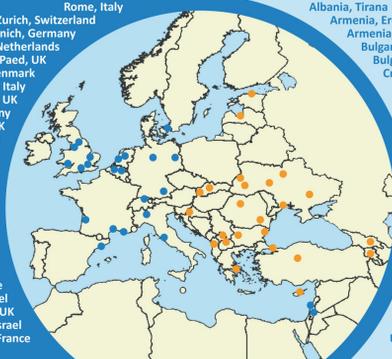
MENTEES

**MENTORS**

- Rome, Italy
- Zurich, Switzerland
- Munich, Germany
- Rotterdam, The Netherlands
- Southampton Paed, UK
- Copenhagen, Denmark
- Milan, Italy
- Cardiff, UK
- Hannover, Germany
- Southampton Adult, UK
- Utrecht, The Netherlands
- Bordeaux, France
- Cambridge, UK
- Berlin, Germany
- Leuven, Belgium
- Brussels, Belgium
- Manchester, UK
- Barcelona, Spain
- Leeds Adult, UK
- Leeds Paed, UK
- London, King's College UK
- Marseille, France
- Petah Tikva, Israel
- London, Royal Brompton, UK
- Jerusalem, Israel
- Montpellier, France

**MENTEES**

- Albania, Tirana
- Armenia, Erevan Arabkir
- Armenia, Erevan Muratsan
- Bulgaria, Sofia
- Bulgaria, Varna
- Croatia, Zagreb
- Cyprus, Nicosia
- Estonia, Tallin & Tartu
- Georgia, Tbilisi
- Greece, Athens
- Kosovo, Pristina
- Latvia, Riga
- North Macedonia, Skopje-Kozle
- North Macedonia, Skopje
- Romania, Bucharest
- Romania, Cluj-Napocje
- Slovakia, Banska Bystrica
- Slovakia, Bratislava
- Turkey, Ankara Adult
- Turkey, Ankara Paed
- Turkey, Istanbul
- Ukraine, Ivano-Frankivsk
- Ukraine, Kyiv
- Ukraine, Lviv
- Ukraine, Odessa & Zaporizhzhia
- Ukraine, Vinitsa



## Therapy of CF

Venue: **Adjara Hall**

Chairs: *Anna-Maria Dittrich, Pavel Dřevínek, Alexander Möller, Dodo Agladze*

Time 13:20- 16:00	Description	Speakers
13:20-13:40	CFTR-Modulators as new therapeutic approaches in CF	Silke van Koningsbruggen-Rietschel - Cologne, GERMANY
13:40-14:10	The changing landscape of CF – pre- vs. post-modulator therapy	Anna-Maria Dittrich - Hannover, GERMANY
14:10-14:30	Basics of inhalation therapy	Alexander Möller - Zurich, SWITZERLAND
14:30-14:50	Surveillance of lung infections when sputum is no longer available	Pavel Dřevínek - Prague, CZECH REPUBLIC
14:50-15:10	The experience of the Eliava Phage Therapy Center in the management of cystic fibrosis patients	Deia Nizharadze, Mariam Dadiani Tbilisi, GEORGIA
15:10-15:30	Chest physiotherapy as an important part of CF lung disease treatment	Kirsten Münkel - Hannover, GERMANY
15:30-15:40	Overcoming CF with curiosity, determination, and lifelong learning	Stephan Kruij - PO, GERMANY
15:40-16:00	Discussion / Q&A	
16:00-16:20	Coffee Break	

## Multidisciplinary CF team

Venue: **Adjara Hall**

*Chairs: Anna-Maria Dittrich, Susanne Naehrig, Satenik Harutyunyan*

Time	Description	Speakers
16:20-18:00		
16:20-16:50	<b>Role of the physician and management of the MDT</b>	<b>Anna-Maria Dittrich</b> - Hannover, GERMANY
16:50-17:00	<b>Role of the nurse in CF team - ONLINE</b>	<b>Melanie Graff</b> - Worms, GERMANY <b>Melanie Koeller</b> - Amrum, GERMANY
17:00-17:10	<b>Role of the physiotherapist in CF team</b>	<b>Kirsten Munkel</b> - Hannover, GERMANY
17:10-17:20	<b>Role of the nutritionist in CF team</b>	<b>Chris Smith</b> - Brighton, UK
17:20-17:30	<b>Role of the psychologist in CF team</b>	<b>Victoria Campbell</b> - Hannover, GERMANY
17:30-17:50	<b>Specifics of adult CF care</b>	<b>Susanne Naehrig</b> - Munich, GERMANY
17:50-18:00	<b>Discussion / Q&amp;A</b>	

## 19:00 GALA DINNER - Tavaduri Restaurant

Address:

2/4 Vladimer Maikovski Street,  
Tbilisi, Georgia



Please scan the QR code for directions.

# Agenda

## 07 March 2026

### Day 3

Date: **07 March 2026**  
 Time: **09:30 pm to 16:30 pm**  
 Location: **Holiday Inn Hotel  
 TBILISI, Georgia**

#### Standards of Care

Venue: **Adjara Hall**

Chairs: *Lutz Naehrlich, Silke van Koningsbruggen-Rietschel, Halyna Makukh, Katarina Stepankova*

Time	Description	Speakers
09:30-10:30		
09:30-09:45	European Standards of Care – why is centralised care important?	Silke van Koningsbruggen -Rietschel Cologne, GERMANY
09:45-10:00	Importance of ECFSPR – focus on the Caucasus and central Asian region	Lutz Naehrlich - ECFSPR, GERMANY
10:00-10:15	Building an Adult CF Center: Key Steps for Success	Elena Amelina - Astana, KAZAKHSTAN
10:15-10:30	Discussion / Q&A	

#### Country report's about CF care:

Venue: **Adjara Hall**

Chairs: *Lutz Naehrlich, Silke van Koningsbruggen-Rietschel, Katarina Stepankova*

Time	Description	Speakers
10:30-12:00		
10:30-10:40	ARMENIA	Satenik Harutyunyan, ped., adult YEREVAN, MURATSAN Astghik Baghdasaryan, ped. YEREVAN, ARABKIR
10:40-10:50	AZERBAIJAN	Erkin Rahimov, ped - BAKU
10:50-11:00	GEORGIA	Dodo Agladze, ped - TBILISI Lika Sigua, adult - TBILISI
11:00-11:15	KAZAKHSTAN	Elena Amelina, adult - ASTANA Tatjana V. Marshalkina, ped - ALMATY Irina Mukatova, adult - ASTANA

Time 10:30- 12:00	Description	Speakers
11:15-11:25	<b>KYRGYZSTAN</b>	Talant Sooronbaev, adult - BISHKEK Elvira Isaeva, ped - BISHKEK Venera Eshenkulova, adult - BISHKEK
11:25-11:35	<b>MOLDOVA</b>	Cristina Tomacinschii, ped - CHISINAU
11:35-11:45	<b>UZBEKISTAN</b>	Svetlana Geller, ped - TASHKENT Furkat M. Shamsiev, ped - TASHKENT
11:45-12:00	<b>Coffee Break</b>	

## Diagnostics of CF

Venue: **Adjara Hall**

Chairs: *Lutz Naehrlich, Milan Macek, Alexander Möller, Astghik Baghdasaryan*

Time 12:00- 13:40	Description	Speakers
12:00-12:20	<b>The sweat test as an essential part of CF newborn screening and diagnostics</b>	Lutz Naehrlich - ECFSPR, GERMANY
12:20-12:30	<b>The sweat testing in resource-limited settings</b>	Halyna Makukh - Lviv, UKRAINE
12:30-12:40	<b>Early diagnosis of CF is a way to improve the prognosis of the disease Indications for sweat test</b>	Astghik Baghdasaryan - Yerevan, ARMENIA
12:40-13:10	<b>Genetics and CF - importance of genotyping for modern therapies</b>	Milan Macek - Prague, CZECH REPUBLIC
13:10-13:20	<b>Newborn Screening and Prevalence of ABPA, Celiac Disease and CFRD</b>	Nino Vardosanidze - Tbilisi, GEORGIA
13:20-13:40	<b>Discussion / Q&amp;A</b>	

13:40-14:30 **Lunch**

## Nutrition and psychology in CF

Venue: **Adjara Hall**

Chairs: *Chris Smith, Susanne Naehrig, Satenik Harutyunyan*

Time	Description	Speakers
14:30-16:30		
14:30-14:50	Treatment of gastrointestinal manifestations of CF, pancreatic insufficiency, GI complications in CF, pre and post modulators	Susanne Naehrig - Munich, GERMANY
14:50-15:00	CF related Diabetes Melitus	Susanne Naehrig - Munich, GERMANY
15:00-15:20	Nutrition of children and adults with CF - „Guidelines“	Chris Smith - Brighton, UK
15:20-15:40	Mental Health in CF: Notice, Navigate, Nurture	Victoria Campbell - Hannover, GERMANY
15:40-16:00	National Monitoring Program for Rare Diseases Georgia	Lali Margvelashvili - Tbilisi, GEORGIA
16:00-16:20	Discussion / Q&A	

## 16:20-16:30 CONFERENCE CLOSING

Hilde De KEYSER, CF EUROPE

Dodo Agladze, Tbilisi, GEORGIA

Nino TEDIASHVILLI, Tbilisi, GEORGIA

## THANK YOU!

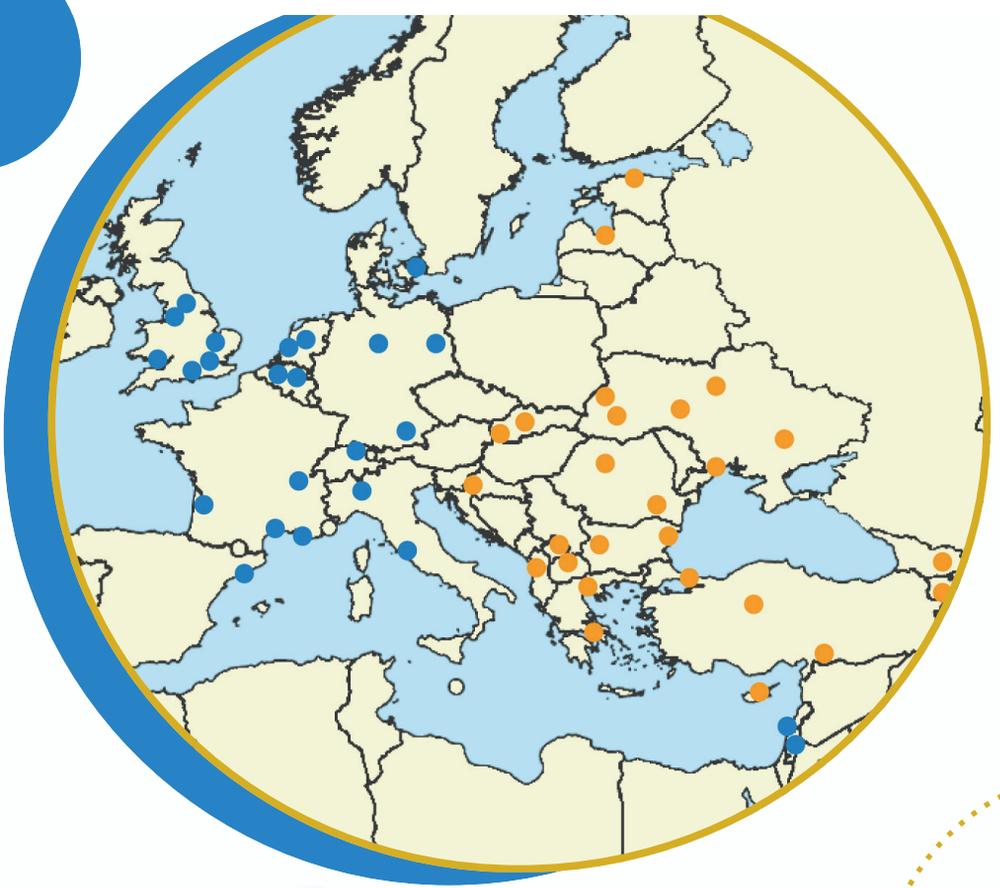
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Blueprint Genetics



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# EXPLORE

## The Twinning Expansion Project

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The Twinning  
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